



“What will you lay down?” | The Way Back | Week 4

Oct 4, 2026 | You can view the message here: centralcc.ca/watch

Group Discussion

1. What's something you happily give up for someone you love—even something small, like the last piece of dessert?
2. The sermon described sacrifice as revealing what we love. What do our everyday choices about time, comfort, and money reveal about what matters most to us?
3. Read **John 12:23–24**. Jesus compares His death to a seed that produces many seeds. What does this picture help us understand about sacrifice and new life?
4. Can you share a time when someone's sacrificial love made a difference in your life? How did it shape your understanding of love?
5. Read **1 Corinthians 13:1–7**. Paul says even great sacrifices can be empty without love. What helps us recognize whether we're giving out of love or hoping for recognition or something in return?
6. Think of one person you want to help experience Jesus' love. What could you give up this week—time, convenience, pride, or something else—to make room to love them well?

Prayer

Jesus, thank You for laying down Your life for us and showing us what love truly is.
Help us seek You, surrender what we're holding, and serve those You place in our lives.
Let our sacrifices reveal Your love and create space for You to bring new life.
Show us what we can give up so someone else can see You. Amen.