



IMMERSE

The Bible Reading Experience™

BEGINNINGS

FEBRUARY & MARCH

centralcc.ca/groups
Groups
Helping you connect with God and others

Still a Slave? | Gen-EX | Week 6

March 8, 2026 | You can view the message here: centralcc.ca/watch

Group Discussion

1. When you think about freedom, what's something small in everyday life that makes you feel free?
2. Have you ever looked back on a season of life and realized you were more influenced by something than you thought? Share an example (a habit, culture, expectations, etc.).
3. In Exodus 14:13–15, Moses tells the people, “Do not be afraid... the Lord will fight for you.” What do you notice about the people’s reaction at the Red Sea, and how does God respond to their fear?
4. As Israel moves into the wilderness in Exodus 15–17, they repeatedly grumble and question God. What patterns do you notice in how the people interpret their circumstances versus what God is actually doing?
5. In Book of Exodus 19:4–6, God reminds Israel that He carried them “on eagles’ wings” and calls them His “treasured possession” and a “kingdom of priests.” What does this reveal about how God sees them and what He wants them to become?
6. Which part of the journey do you resonate with most right now—standing at a Red Sea, walking through a wilderness, or listening at Sinai—and why? What might God be trying to show you about Himself and His heart for you this week?

Prayer

Father, thank You that You are not a distant God—you are the One who rescues us and draws us close, caring not only about our survival but about the condition of our hearts. We confess that we often slip back into fear, old instincts, and the need to control what we cannot see. Teach us the freedom You are forming in us—let our identity in You replace our old patterns, our faith rise above fear, and our trust grow deeper than our need for control. Help us see ourselves and each other the way you see us. Amen.