

# Day 05 – January 16

## GOD, OUR REFUGE

**“Show me your ways, LORD, teach me your paths. Guide me in your truth and teach me, for you are God my Saviour, and my hope is in you all day long.”**

— Psalm 25:4–5 (NIV)

Psalm 25 is a prayer of someone who doesn't just want God's help—they want God's direction. David isn't asking for a quick fix; he's asking to be taught. That's how God shows us His ways—not by dropping a map from heaven, but by walking beside us, step by step. God reveals His ways through His Word, which gives us wisdom and truth for every part of life. He also teaches us through the Holy Spirit, who reminds us of what is right and gives us peace when we're on the right path. And often, He shows His ways through circumstances—through moments of waiting, difficulty, and grace, where we learn to depend on Him more deeply.

When we ask God to “show us His ways,” we're really saying, “Shape my heart to follow You.” His ways aren't always the easiest or fastest, but they're always the truest and safest, because they lead us closer to Him.

### REFLECTION QUESTIONS:

Where in my life do I need to remember that God is my protector?  
How would my fears change if I truly believed He is guarding me right now?

### PRAYER:

**Lord, You are my refuge, my strength, and my defender. Thank You for surrounding me with Your protection. Even when I'm afraid, help me trust that You are near and that nothing can shake the safety I have in You. Amen.**