Day 04 – *January 15*

FROM MOURNING TO DANCING

**"You turned my wailing into dancing; you removed my sackcloth and clothed me with joy."
— Psalm 30:11 (NIV)**

Psalm 30 is a song of thanksgiving from someone who's seen both the darkness and the light. David remembers what it felt like to be low—to cry out from the pit of despair—and how God lifted him up again. This psalm reminds us that no matter how deep our sorrow or how long our night feels, God is always able to bring restoration.

God shows His power not only by rescuing us but by transforming us. He doesn't just end our pain—He turns it into praise. He takes the very things that once broke us and uses them to strengthen our faith. The same tears that once fell in grief can become tears of gratitude when we realize how faithfully He carried us through.

When we walk with God, our stories never end in despair. His presence turns mourning into dancing, darkness into light, and weakness into worship.

REFLECTION QUESTIONS:

What pain or disappointment might God be turning into something beautiful in my life? How can I thank Him today for what He's brought me through?

PRAYER:

Lord, thank You for turning my sorrow into joy. When I fall, lift me up; when I weep, remind me that joy is coming. Let my life be a song that gives You praise. Amen.