



# I M M E R S E

The **Bible** Reading Experience™

## Week 1 Sermon: Anchor | Feb 2, 2025

You can view the message here: [centralcc.ca/watch](https://centralcc.ca/watch)

### Group Discussion

1. When life throws unexpected challenges your way, what is your instinctive response? What are some things you've anchored yourself to in difficult times?
2. Life is full of uncertainties, but Hebrews 6:18-20 describes hope in Jesus as a "trustworthy anchor" for our souls. What difference does it make for you to see Jesus as your true anchor in challenging times?
3. Luke writes his Gospel so that people can be "certain of the truth" about Jesus (Luke 1:1-4). What stood out to you about Luke's approach to sharing Jesus' story? Why do you think it's important to personally explore Jesus' story instead of just hearing about Him from others?
4. The sermon talks about trust being built over time, like a relationship. What are some ways you've grown in trusting Jesus? If trust in Jesus doesn't come easily, what are some practical ways to deepen that trust?
5. In Luke 4:18-21, Jesus announced that he came to bring freedom, healing, and hope. He referenced Isaiah 61:1-2, saying: *"The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favor has come."*

In what areas of your life do you need to experience freedom, healing or hope? How can you invite Jesus to work in those areas?

### Prayer

Jesus, thank You for being our unshakable anchor and the firm foundation we can trust in every season of life. Help us to stand strong in faith, knowing that You will never leave us nor forsake us, no matter the storms we face. Fill our hearts with Your hope, and guide us to live in the freedom and truth of Your Word each day. Amen.